



ISA World SUP & Paddleboard Championships **Paddleboard Race**

Heradurra to La Pampilla/Playa Waikiki
 Women's Race: February 22, 2012
 Men's Race: February 23, 2012
 Course Distance: 5.75km, 3.6 miles
 Craft class: 12'0 stock

Tides: Lima, Peru 2-22-12:
 12:35 am low tide (0.3 m)
 6:15 am high tide (0.8 m)
 12:12 pm low tide (0.2 m)
 6:45 pm high tide (1.0 m)

Tides: Lima, Peru 2-23-12:
 1:07 am low tide (0.3 m)
 6:54 am high tide (0.9 m)
 12:50 pm low tide (0.3 m)
 7:16 pm high tide (1.0 m)